

BREAKFAST





✓ Healthy option

 Gluten free option

 Asian option

BAKERY & PANCAKES

BAKERY SELECTION ~ make your choice of white and wheat toasts, dark rye bread, croissant, danish pastry, muffin, butter and homemade jam

-  GLUTEN FREE SELECTION ~ gluten free bread or flaxseed crackers, butter and homemade preserves
- HOMEMADE PANCAKE ~ strawberry, pineapple or banana, served with maple syrup or palm sugar syrup
-  GLUTEN FREE PANCAKE ~ strawberry, pineapple or banana, served with maple syrup or palm sugar syrup

LIGHT BREAKFAST CORNER

- ✓  YOGURT ~ plain natural greek style yogurt / with red fruits salad / homemade fruit yogurt strawberry / pineapple / pomelo
- ✓  TROPICAL FRUIT SALAD ~ seasonal fresh fruits, ginger & cinnamon simple syrup
- ✓  SLICED TROPICAL FRUITS ~ seasonal platter of fruits with lime cheek
- BIRCHER MUESLI ~ grated apple, cinnamon yogurt, poached salak & honey
- CLASSIC OATMEAL ~ with raisin, pumpkin seeds, honey
- ✓  MISO SOUP ~ soft tofu, wakame seaweed
- ✓  ORGANIC VEGETABLE SALAD ~ avocado, cherry tomatoes, wild rucola, papaya, curry dressing
- MIXED CEREALS ~ coco crunch, classic corn flakes and rice bubble, milk / soya milk
- ✓ GREEN POWER SMOOTHIE BOWL ~ banana, mango, pineapple, spinach, apple juice, mint leave, ginger, topped with homemade granola, sliced banana and pumpkin seeds
- ✓ HAPPY MORNING SMOOTHIE BOWL ~ banana, mango, strawberry, coconut meat, frozen yogurt, lime juice, topped with homemade granola, sliced strawberries, raisin and coconut flakes

EGGS & MAINS

- ✓  SCRAMBLED EGG WHITE ~ shitake / smoked salmon, arugula, salad dressing with dark rye bread / gluten free bread / flaxseed crackers
- EGG ATLANTIC ~ poached egg, toasted english muffin, smoked salmon, hollandaise sauce
-   TAMAGOYAKI ~ japanese omelet, steamed rice, pickled soya sauce
- THE "FRY UP" ~ two eggs any style, bacon, sautéed spinach, mushrooms, roasted tomato & baby potatoes
- BREAKFAST SANDWICH ~ avocado, tomato, rucola, bacon, fried egg with toasted bread / burger bun
- AVOCADO BRUSCHETTA ~ smashed avocado, onion, garlic, topped with sun dried tomato & feta cheese with dark rye bread / gluten free bread, quinoa salad
- ✓  SCRAMBLE TOFU ~ curried tofu, spinach & tomato, green quinoa salad, with flaxseed crackers
- ✓  GRILLED BUTTER FISH ~ steamed rice, sesame seaweed salad
- ✓   MIE / BIHUN GORENG ~ stir fried egg noodles / rice noodles, vegetables, oyster sauce
-   NASI GORENG ~ stir fried rice, vegetables, oyster sauce
-   BUBUR AYAM ~ indonesia rice chicken porridge

BEVERAGES

COFFEE : regular coffee, cappuccino, cafe latte, espresso, bali coffee, toraja coffee, mandailing coffee

TEAS : english breakfast tea, ear grey, green tea, chamomile tea, ginger tea, lemongrass tea, peppermint tea

JUICES : orange, mango, apple, pineapple

FRESH JUICE : lime, watermelon, papaya, honey melon

MIX JUICE:

- LIFTER : passion fruits, pineapple, mango, mint leaf
- BOOSTER: carrot, ginger, apple, orange

- BALANCER : strawberry, banana, pineapple, yogurt